

COACHING TENETS

GUIDELINES FOR ENGAGING IN COACHING RELATIONSHIPS

INVITATION

Coaching is by invitation only. You can not inflict coaching on others.

FIT

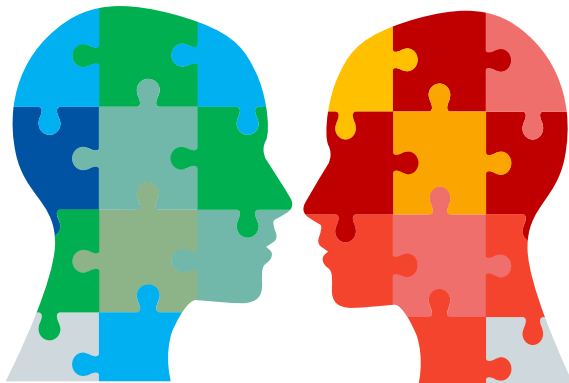
Coach and coachee may not be right fit, and that is ok.

PERSON

Coach the person not the problem

RELATIONSHIP

Coaching is a peer-to-peer relationship.



NOT A TITLE

Coaching is a skill not a title

DO NO HARM

Coach is responsible to ensure no harm is done to coachee and their relationships with others

EXPLICIT

Coach and coachee explicitly enter and exit from a coaching conversation/activity

IS NOT

Coaching is not therapy. Do not believe you are their psychologist. Get professional help.